

MOLE SAUCE

 SERVINGS 8
■ PREP TIME 15 min COOK TIME 1 hr 15 min

INGREDIENTS

- 6 dried pasilla chiles
- 6 dried mulato chiles or guajillo chilies
- 5 dried ancho chiles
- 1/2 cup sesame seeds , divided
- 1/4 cup raw almonds
- 1/4 cup raw shelled peanuts
- 1/4 cup raisins
- ½ cup animal crackers
- 1 corn tortilla
- 2 slices white bread , French bread or a small bolillo roll cut in half
- 1/2 of a white onion , sliced
- 4 cloves garlic
- 5 whole cloves
- 5 whole black peppercorns
- 1 teaspoon coriander seeds
- 1 teaspoon cumin seed
- 1/4 teaspoon whole aniseed
- 1/4 -1/2 teaspoon crushed red pepper flakes

- 1 ripe plantain (or banana) , peeled, sliced into ½ inch slices
- 1 teaspoon oregano
- ¼ teaspoon ground cinnamon
- 1 ½ teaspoons chicken bullion
- Salt to taste
- 2 ounces chopped Mexican chocolate, (or semi-sweet or bittersweet chocolate)
- 1-4 Tablespoons brown sugar , taste
- The reserved broth from the cooked chicken.
- 2 Tablespoons oil or lard
- Oil , for frying

DIRECTIONS

- 1. Add the sesame seeds to a large dry skillet over medium heat and cook them, stirring constantly, until toasted. Be careful not to burn them. Set aside.
- 2. Use scissors to cut a line down all the chilies to open them up flat. Remove veins and seeds.
- 3. Add a few tablespoons of oil to the skillet over medium heat. In a separate large saucepan, add 2 cups of water and turn heat to medium-low.
- 4. Once oil in the skillet is hot, add one layer of chilies at a time to the skillet, frying on both sides for just a few seconds, careful not to burn them, then transfer them to the saucepan of water.
- 5. We will continue to fry most of the remaining ingredients, one at a time, so add a little oil between each batch, as needed, just to coat the bottom of the pan.
- 6. Fry the peanuts stirring often so they toast but don't burn, about 45 seconds. Add to the pot. Repeat with almonds, then raisins, then animal crackers, then corn tortilla, and bread slices, adding each to the saucepan and pressing down as much as possible into the water.
- 7. Turn skillet heat to medium-high and add more oil if needed to coat the bottom of the pan. Add onion and fry for 1-2 minutes. Add garlic and fry for just a few seconds before spooning the onion and garlic into the pot. Add sliced plantain to the hot oil and fry on both sides, then add to the pot.
- 8. Reduce heat to medium and add peppercorns, coriander seeds, cumin seeds, anise, and crushed red pepper to hot oil and fry for a few seconds, stirring constantly, then add to the pot.
- 9. To the saucepan with all of the ingredients, stir in 1 teaspoon oregano, 1/4 teaspoon cinnamon, and 1 ½ teaspoons chicken bouillon.
- 10. Add the chopped chocolate to a bowl and pour some of the chicken broth into it, to help it melt. Set aside.
- 11. Add 2 tablespoons lard or oil to a large saucepan. Once melted, remove from heat and set aside.
- 12. Working in batches, add everything from the pot with the chilies to a blender and add enough of the reserved chicken broth to allow the mixture to blend. During one of the batches, add ¼ cup of reserved toasted sesame seeds. Blend each batch for several minutes, until completely smooth, adding more chicken broth if needed.
- 13. Pour sauce through a fine mesh strainer (discarding what's leftover in the strainer) into the pot with the melted lard.
- 14. After everything has been blended and strained to the pot, add the melted chocolate and broth mixture (you can blend it too, if the chocolate has not completely melted), to the pot. Add 1 Tablespoon of brown sugar, to start, then add more to taste, as needed.
- 15. Cook the mole sauce over medium-low heat for 30 minutes to 1 hour, stirring often. If the mixture is too thick, add more chicken broth (I usually end up using all of the remaining chicken broth). Taste and add salt or sugar, as needed.
- 16. Place chicken on a plate and ladle a big spoonful of sauce on top, then garnish with sesame seeds. Serve with Mexican rice and warm corn tortillas on the side.

Notes: Make Ahead Instructions: Mole sauce can be made up to 1 week ahead of time and stored in the fridge. Rewarm on the stove and add additional chicken stock, as needed, to reach desired consistency.